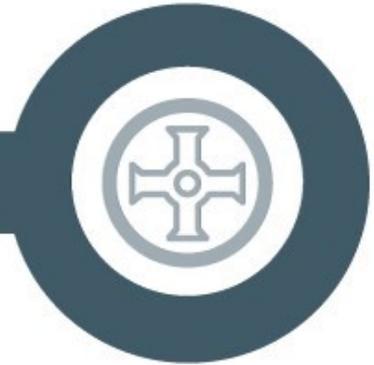




Second Sunday of Lent  
March 17, 2019

Saint Elizabeth Ann Seton Parish

515 North Main St. • Holmen, WI 54636-9387  
608-526-4424 • office@seasholmen.org • www.seasholmen.org



## THE BANE AND THE BLESSED

Piano, clarinet, trombone, guitar. Growing up I tried playing each of them. What measurable progress I made, it was probably with the piano. Like learning to swim, my mother demanded that her sons learn to play the piano. I was the firstborn and my parents had not as yet made the major purchase of a piano. The only good that came from my mother's demands that I practice was that I could be with grandma to use her piano and be nourished by her love and cookies. Eventually my mother got tired of fighting with me about practicing. The piano and I parted ways. Much to my regret now. And my enthusiasm for the other instruments was even more short lived for the same reason.

Living the life of Jesus takes practice. We practice and practice trying to get just a few of the basics right. It is mostly unglamorous, and unnoticed. I don't think anything resembling expertise exists in the Christian life. How can you become an expert at receiving the totally undeserved mercy of God with every breath you draw? How can you become brilliant at allowing your heart to break more frequently for people who suffer? Exactly what would expertise look like in someone who lives only to serve? My good friend Father Bill Rorke said, "There is a reason we talk about practicing the faith. It is all practice!"

We look to Lent for results. If we pray more, fast more, give more generously, we will be better Christians. Maybe yes, maybe no. In the Christian life practice does not make perfect. All is not yet shining in glory, but the Lord is at work changing hearts to be like his own. Jesus tells us that we won't ever be perfect but we are never free to stop trying.

The Lord be with you.  
Father John Parr



*2<sup>nd</sup> Sunday*  
**OF LENT**

While he was praying his face changed in appearance and his clothing became dazzling white. - Lk 9:29

## SEAS STEWARDSHIP

"A total stewardship parish is ALIVE! It is a prayerful, welcoming, Eucharist-centered community with a common vision: God is the source of all. Its members are committed to furthering the Word and work of Christ by caring for each other and all of God's creation. In gratitude, they joyfully give back a portion of their God-given gifts of TIME, TALENT, and TREASURE." – US Bishops 1992 Pastoral Letter

All St. Elizabeth Ann Seton parishioners should have received their 2019 Stewardship packets. If you haven't received one, please call the office. We ask that all parishioners return their response cards by **March 29<sup>th</sup>**. We would like to hear from everyone this year so that we can update our records and determine who would like to stay on our active parishioner list. Our parish functions as well as it does because of the presence and activity of all its members. YOU are part of the mosaic, and we need YOU.

## KNIGHTS OF COLUMBUS



The Knights of Columbus would like to ask our parishioners to join them in the "40 Days of Giving" for Lent to assist our Food Pantry Guests. This program is designed for the opportunity to take a small sacrifice and turn it into a big difference in the lives of others.

The theme of the program is "Cleanliness is next to Godliness". We are asking during the Season of Lent that you put aside each day during the 40 days of Lent **one Hygiene Product** (a bar of hand soap, bottle of dish soap, tube of tooth paste, tooth brush, toilet tissue, laundry detergent, deodorant, sanitary wipes, shaving cream, razors, cleaning supplies). If you and your family would prefer to donate money (equivalent to a hygiene product) instead, we, in turn, would use that money to purchase the needed hygiene products. The items can be returned to the gathering place weekly or at the end of Lent.

This is a fantastic opportunity for all to help us prepare for Easter by cleaning up our heart, mind, and soul during our Lenten Journey while we help our sisters and brothers in Christ.



## FOR YOUR MARRIAGE



This Lent, consider these wise words that Pope Francis offered to engaged couples as you make your journey from Ash Wednesday to Easter Sunday. Try to grow in holiness and in love with your spouse by committing yourself to try these as your Lenten resolutions.

1. Be courteous to your spouse. Use polite language as you would with your closest friends and with complete strangers. Never take your spouse for granted.
2. Say "Thank you" to your spouse often and sincerely....and be thankful to God for your spouse! It is important to keep alive the awareness that the other person is a gift from God, and for the gifts of God we say thank you!
3. Ask forgiveness from your spouse. Learn to acknowledge mistakes and say I'm sorry. Have the courage to admit when you are at fault. Never let the sun go down without making peace. Never!

## EASTER FLOWERS



Honor our faithful, living and deceased, by making a donation for Easter flowers. There is an Easter flower offering envelope in your monthly contribution envelopes. Thank you!

## PRAYER REQUESTS



- |                            |                   |
|----------------------------|-------------------|
| Susan Amundsen             | Jerome Malin      |
| Sara (Wozney) Balaker      | Kevin McIntyre    |
| Richard Brandau            | John Modjeski     |
| Trudy Brieske              | Judith Niedfeldt  |
| Mike Candahl               | Poppy Grace Poole |
| Will Davis                 | Ken Proctor       |
| Ethan Doe                  | Robert C. Ristow  |
| Sr. Bridget Donaldson, OSB | Bailey Rohrer     |
| Elizabeth Donaldson        | Tom Ryan          |
| Patrick Donaldson          | Jordan Schadrie   |
| DeEtte Gillmeister         | Sue Schafer       |
| Joe Gittens                | Celia Scholze     |
| Sharon Grabar              | Erica Schultz     |
| Lois Hanson                | Sascha Stephens   |
| June Kukovec               | Pam Tischer       |
| Kent Limberg (military)    | Colleen Tisil     |
| Sue Lund                   |                   |

Please remember, the sick, hospitalized, military members, homebound and anyone needing of our prayers. May they experience the healing power of God.

## FAITH FORMATION

### Think Fast! It's Lent.

Here are a few more fun facts (can the facts be called "fun" during Lent?) that make its observation more fruitful.

#### Fasting vs. Abstinence

Also of biblical origins are the Lenten customs of fasting and abstinence. Although often used interchangeably, fasting refers to the amount of food consumed, while abstinence describes the type of food denied, such as meat on Fridays.

During Lent we grow closer to God by giving up our favorites and joining Jesus in his sacrifice. We give up things for Christ because he gave his life for us.

Gonzalez, Dan .Think Fast! It's Lent. TakeOut Family Faith on the GO. Pg 3. Print.

### Important Faith Formation Dates

WED. March 20<sup>th</sup> Grades 4-6 Penance Service 6:30 pm., Grades 7-10 Edge Night

WED. March 27 Grades 7-10 Penance Service 6:30 pm, Edge night 3-6

WED. April 3 No Faith Formation Catechist appreciation party at Features 6:30

## LENTEN FAST AND ABSTINENCE

1. Catholics who have celebrated their 14th birthday are to abstain from meat on Ash Wednesday, all Fridays in Lent, and Good Friday.

2. In addition to abstaining from meat, Catholics who have celebrated their 18th birthday, until they celebrate their 59th birthday, are to fast on Ash Wednesday and Good Friday. Those who are bound to this regulation may eat only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted.

## THANK YOU

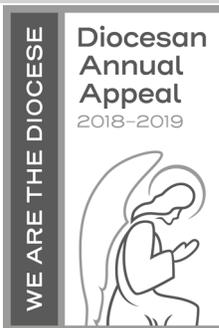
Birthright would like to thank the parishioners of St. Elizabeth's on their generous contributions for the Baby Bottle Campaign. We as a parish contributed just over \$400. Thank you and God bless.

## LAY FORMATION CLASSES

### New Lay Formation Institute (LFI) class starts in the fall – Registration underway!

Registration is open for the next two-year Lay Formation cycle that begins in fall of 2019. Draw closer to Christ and deepen your knowledge of the Faith in a joyful community of learners! See brochure, schedule and application form at [diolc.org/lay-formation](http://diolc.org/lay-formation). Discuss with your pastor and contact the Office for Ministries and Social Concerns at [ministries@diolc.org](mailto:ministries@diolc.org) or call (608) 791-0161. If you would like to sit in on a class the last weekend (April 5-6 option) for a "sample," just ask.

## DIOCESAN ANNUAL APPEAL



Yes, we are still taking about the 2018/19 Diocesan Annual Appeal because we are still **\$17,067 under** our target. This time last year, we had a total of 278 donors. As of today we have had 225 donors. If you are able to share any amount of your treasure, please send in your pledge card today. There are extra cards in the gathering place. We

really hope this is the year that we make our target and don't have to use funds from our general weekly giving. Lent is a time for giving...and giving to the Annual Appeal will help our parish pay it forward to MANY worthwhile church ministries. Thank you.

## YOUTH GAMING NIGHT AT SEAS

Saturday, March 30th

### Mario Kart competition for Middle thru High School

Other games will include Smash Brothers, Fifa, Wii sports, just dance and more!!

Join us for 5:00 p.m. Mass. Games will begin at 6:30 on multiple screens.

Pizza and drinks will be provided. Cost is FREE!!

All Middle School and High School youth are invited to join in on the fun.



## PARISH INCOME (FISCAL YEAR 7/1/18-6/30/19)

	Last Week's Collections	Weekly Budget	Difference	Annual Budget
Envelopes/Plate.....	\$7,094	\$11,031	-\$3,937	\$573,616
Fiscal Year-to-Date.....	\$387,463	\$408,147	-\$20,684	

## AVAILABLE HELP WITH ADDICTION

### SHARING THE PAIN AND STRUGGLES OF LOVING SOMEONE WITH AN ADDICTION

Having a child, spouse, or friend with a substance abuse addiction can be a lonely, hurtful, and frightening place to be. It is through sharing that we might find solace and help, especially by realizing that we are not alone. Gatherings are the 3rd Monday of the month beginning March 18; 6:30-8:00 pm Coulee Recovery Center, 933 Ferry St., La Crosse  
Sponsored by the Mental Health Coalition of La Crosse

## UPDATES NEEDED

Have you changed your phone, address, or email lately? If so, please remember to contact the parish office. This helps us keep the communication flowing smoothly. Email Sandy at: [office@seasholmen.org](mailto:office@seasholmen.org)  
Thank you!

## CARD MAKING THIS WEEK

Join in the fun this **Monday, March 18 from 2-4pm** in the gathering place as our homebound committee creates greeting cards to mail to our homebound Parishioners for Easter. No experience necessary (Shari Ireland will guide us through the process). This is a significant way to share your love with those in our church family that you don't see regularly. Thank you for helping us to reach out to our homebound church family with expressions of love and remembrance.

## PRAYER BOARD

The three pillars of Lent are prayer, fasting, and almsgiving. Once again this Lent, we have set up a **Lenten Prayer Board** in the gathering place to encourage one another to hold each other and our intentions in prayer during this Lenten season. We are asking for you to write and post your prayer intentions on this board... with or without your name added. These intentions can be personal (illness, employment, etc.) or universal (world peace, poverty, etc.). People can then take one or more of the prayers off the board and add it to their prayers during their time in Mass and then take them home for prayer and contemplation during the week. This way we can share our intentions with one another and foster an awareness of the needs within our parish family. During this Lenten season, let our prayer for one another rise like incense to our loving and Compassionate Redeemer.

Thanks to Julie Rodenberg for creating the beautiful prayer board.

## PARISH INFORMATION

### PARISH RECTORY & OFFICE

Phone .....526-4424  
Fax Number.....526-3177  
Email: [office@seasholmen.org](mailto:office@seasholmen.org)

### STAFF

**Pastor**, Father John Parr .....526-4424  
pastor@seasholmen.org  
**Pastor Emeritus**, Monsignor Delbert J. Malin.....526-4908  
djm133@charter.net  
**Pastoral Associate**, Sister Bridget Donaldson, O.S.B.....526-4849  
sbridget@seasholmen.org  
**Pastoral Minister**, Carol Reider .....526-4424  
carol@seasholmen.org  
**C.R.E. (3 years-gr. 5)**, Mary Luebke .....526-4424  
reled@seasholmen.org  
**Youth Minister/D.R.E. (gr. 6-12)**, Patrick Brueggen .....526-4424  
youth@seasholmen.org  
**Director of Music**, Beth Lakmann.....526-4424  
music@seasholmen.org  
**Secretary**, Sandy Jerue.....526-4424  
office@seasholmen.org  
Sister Jean.....526-4908  
sjean@seasholmen.org

### MASS SCHEDULE

**Weekend:** Sat. 5:00 pm and Sun. 8:00 & 10:15 am  
**Weekday:** Mon.-Fri. 8:30 am except Tues. 7:00 am  
**Gluten Free Hosts:** St. Elizabeth's has gluten free hosts available.  
Please contact Fr. Parr, and he will make the necessary arrangements.

### SACRAMENTS

**Reconciliation:** Saturday 4:00 pm or by appointment.  
**Baptism:** Baptism involves membership in the church. Parents are to attend three sessions early in the pregnancy.  
**Marriage:** Our church is trying to create successful marriages. This takes some time. Arrangements for a wedding date are to be made at least six months before the anticipated date.  
**Anointing of the Sick:** Communal celebrations in fall and spring. Individual celebrations upon request. Please call the office when family members are hospitalized.

**Confirmation:** Two year preparation program in grades 9 and 10.

### PASTORAL VISITATION

Anyone who desires a personal home visit is invited to call the parish office.

### CATECHUMENATE

Anyone wishing to become a full member of the Church is invited to visit the parish office.

**NEW PARISHIONERS** Please call the parish office.

### Parish Council Members

Alyson Haugen.....769-3465	Brian Clements.....526-2198
Laura Antonie.....526-6047	Les Giesler.....526-9625
Len Beranek.....526-3623	Angie Hendrikson....385-4213
Jennifer Fisk.....783-0246	Shelly Linskey.....526-2286
	Christine Olson.507-766-3654
	Larry Warzynski.... ..526-6474

### Finance Council Members

Barry Ploessl.....526-9364	Shawn Handland.....526-2257
Janice Dvoracek.....526-3957	Pat Stephens.....526-2480
	Larry Warzynski.....526-6474

## CALENDAR OF EVENTS

<b>Sunday, March 17</b>	<b>2nd Sunday of Lent</b>
8:00 am Mass	People of SEAS
10:15 am Mass †	Diane Wheeler
<b>Monday, March 18</b>	<b>Lenten Weekday</b>
8:30 am Mass †	Sr. MaryJo Donaldson, OSB
2:00 pm	Card Making of the Homebound
6:30 pm	Pastoral Council
<b>Tuesday, March 19</b>	<b>St. Joseph, Spouse of the Blessed Virgin Mary</b>
7:00 am Mass †	Poor Souls
6:00 pm	Stations of the Cross
6:30 pm	Sacrament of Penance
6:30 pm	Stewardship Committee Meeting
6:30 pm	Lenten Presentation
<b>Wednesday, March 20</b>	<b>Lenten Weekday</b>
8:30 am Mass	Special Intention for Sr. Bridget Donaldson and Sr. Jean Kroeger
6:30 pm	Youth Faith Formation Classes
6:30 pm	Sacrament of Penance Grades 4-6
<b>Thursday, March 21</b>	<b>Lenten Weekday</b>
8:30 am Mass †	Charles Brueggen
6:30 pm	Choir practice
7:00 pm	Men's Bible Study
<b>Friday, March 22</b>	<b>Lenten Weekday</b>
8:30 am Mass †	Marion Ensgtad
<b>Saturday, March 23</b>	<b>Lenten Weekday</b>
8:00 am	Pray the Rosary
4:00 pm	Sacrament of Penance
	<b>Vigil: 3rd Sunday of Lent</b>
5:00 PM Mass †	Diane Wheeler
<b>Sunday, March 24</b>	<b>3rd Sunday of Lent</b>
8:00 am Mass †	James R. Ristow
10:15 am Mass	People of SEAS

## SACRAMENT OF PENANCE

During Lent, our parish offers many opportunities to receive the Sacrament of Penance. In this sacrament, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. Even if you have been away from the sacrament for some time, consider making a commitment this Lent to avail yourself to this grace-filled encounter with our Lord. Confessions are held during Lent every Tuesday after Stations of the Cross, on Wednesday evenings when we have Penance Services, and on Saturday afternoons at 4:00 pm.

## HAPPY ST. PATRICK'S DAY

### An Irish Prayer

May God give you...  
 For every storm, a rainbow,  
 For every tear, a smile,  
 For every care, a promise,  
 And a blessing in each trial.  
 For every problem life sends,  
 A faithful friend to share,  
 For every sigh, a sweet song,  
 And an answer for each prayer.



PointOfGrace.net

## LENTEN PRESENTATION

Two more chances to attend SEAS Lenten talks. **“Walk Through the Mass”** includes the importance of the sacrifice being offered, the Eucharist, and why do we do that? These presentations will include: video presentations by Fr. Robert Barron, Q and A, and small group discussion led by Mr. Brueggen. **Tuesday, March 19<sup>th</sup> and 26<sup>th</sup> from 6:30-7:30 following the Stations of the Cross.** Please join us as we journey through scripture discovering the ancient liturgy of the Mass and the call of the Church to invite all those back to the Supper of the Lamb.

These sessions are suitable for all ages and will make for a great way to challenge yourself in scripture knowledge and meditative prayer.

## MEN'S BIBLE STUDY

Parishioner Emil Meindl will once again be conducting a Lenten Sunday Scripture Study for Gentlemen only. This Sunday Scripture Study will be held on **Thursday evenings from 7:00 – 8:00 pm in the Guest Room across from the kitchen in the church from March 7<sup>th</sup> – April 11<sup>th</sup>.** Come and join other men for fellowship and support and to learn how the Sunday readings relate to your daily life. The readings will be provided for you, but bring a bible if you have one. Hope to see you there!

